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FOR IMMEDIATE RELEASE

Definitive New Book For Patients Fills Void in Thyroid Health Publishing

THYROID EYE DISEASE; UNDERSTANDING GRAVES' OPHTHALMOPATHY

By Elaine A. Moore, ISBN 1-4120-0911-1

For the roughly two million North Americans who suffer from Thyroid Eye Disease, including former first lady Barbara Bush, this book will be a welcome addition to understanding a complicated and often misunderstood thyroid condition.

With her meticulous, exhaustive and thoughtful book, Elaine Moore has written the definitive patient-oriented guide on Thyroid Eye Disease (TED), more specifically referred to as Graves' Ophthalmopathy (GO). This common eye disorder is associated with the autoimmune thyroid disease, Graves' disease and also with Hashimoto's thyroiditis, a disorder of hypothyroidism.

Thyroid Eye Disease: Understanding Graves' Ophthalmopathy will fill a void for much sought after information on this condition unique to millions of Graves' patients worldwide. In her book, Moore also personalizes the information by sharing other patients' stories and narratives, helping to validate universal struggles people with this condition face.

Thyroid Eye Disease: Understanding Graves' Ophthalmopathy describes all facets of thyroid eye disease, including:

- genetic, environmental and lifestyle factors that contribute to GO
- signs, symptoms
- diagnostic tests
- risk factors
- conventional and complementary treatment options, with an emphasis on self-care
- complications
- psychosocial issues of living with GO

– MORE –



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About the Author

Elaine Moore is a Medical Technologist, MT (ASCP), with more than 30 years experience working in hospital laboratories. The mother of two grown children, Elaine, her husband Rick, and their three boxers live in the mountains of Colorado. She is also the author of *Graves' Disease, A Practical Guide*; *Autoimmune Diseases & Their Environmental Triggers*; and *Encyclopedia of Alzheimer's Disease*. Visit her at: www.elaine-moore.com/gravesdisease.

Thyroid Eye Disease: Understanding Graves' Ophthalmopathy is published by Your Health Press. Your Health Press is dedicated to rare, stigmatizing or controversial health topics. For more information visit www.yourhealthpress.com.

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